

STRUCTURE / FUNCTION CLAIMS

NUTRIENT: Vitamin B-6

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PRODUCT: Fred Meyer Vitamin B-6 (100t)

NUTRIENT AMOUNT: 100 mg per serving (one tablet)

STRUCTURE/FUNCTION CLAIM:

Vitamin B-6 is important for the utilization of protein for proper growth and maintenance of body functions.

REFERENCES:

1. Skelton, W.P. and N.K. Skelton, Deficiency of vitamins A, B and C: something to watch for, *Postgraduate Med.* 1990; 87(4): 293-310.
2. Merrill, A.H. and J.M. Henderson, Diseases associated with defects in vitamin B6 metabolism or utilization, *Ann. Rev. Nutr.* 1987; 7: 137-156.
3. Leklem, J.E., Vitamin B6, in *Modern Nutrition in Health and Disease*, 8th ed., Shils, M.E., J.A. Olson, M. Shike, Eds., Lea & Febiger, Philadelphia, 1994, 383-394.

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